

## Banana Foster

### Ingredients:

2/3 cups brown sugar  
1/4 cup (half stick) unsalted butter  
1/4 cup dark rum  
1/8 tsp cinnamon  
2 bananas sliced

### Instructions:

- Melt butter in a saucepan on medium heat. Add brown sugar.
- With a wooden spoon mix until combined. Cook mixture until it's bubbling and the sugar starts to melt.
- **Carefully add dark rum, use a long lighter and ignite the mixture.**
- Once the flame goes away add cinnamon
- Add bananas. Don't overcook.
- Serve on top of your favorite ice cream